

MENS PROVINCIAL YOUTH RECORDS

 Saskatchewan
Powerlifting



Welcome to the Saskatchewan Powerlifting Association's provincial records document! This collection is a comprehensive compilation of the outstanding achievements of powerlifters in our province. It serves as a testament to the dedication, hard work, and exceptional strength of our athletes.

Within these pages, you will find records organized by weight class and lift category, highlighting the best performances in each division. This document is designed to be a reference for athletes, coaches, and fans who are passionate about the sport of powerlifting. Our aim is to celebrate the accomplishments of our community and inspire others to reach new heights.

We have made every effort to ensure the accuracy of the records listed here. However, if you notice any discrepancies or errors, we encourage you to reach out to us at records@saskpowerlifting.ca. Your feedback is invaluable in maintaining the integrity and accuracy of this document.

Divisions list below:

- Youth 1
- Youth 2
- Youth 3

If you would like to request a copy of your provincial record, please fill out this form with all the required information.

Request form - <https://forms.gle/rzrGMSD9whwreqtT7>

Thank you to all the lifters who contribute to the ever-evolving story of powerlifting in our province. Keep lifting, keep striving, and most importantly, keep inspiring!

Daniel Heintz
Records Chair
Saskatchewan Powerlifting Association
August 1st, 2024



Youth 1 Provincial Records

30 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

35 KG	SQUAT	42.5 kg	Rhys Fowler	Olympia In Depth	Weyburn, SK. CAN	11-Feb-22
	BENCH PRESS	25.0 kg	Rhys Fowler	Olympia In Depth	Weyburn, SK. CAN	11-Feb-22
	DEADLIFT	65.0 kg	Rhys Fowler	Olympia In Depth	Weyburn, SK. CAN	11-Feb-22
	TOTAL	133.5 kg	Rhys Fowler	Olympia In Depth	Weyburn, SK. CAN	11-Feb-22
	BENCH-ONLY	25.0 kg	Rhys Fowler	Olympia In Depth	Weyburn, SK. CAN	11-Feb-22

40 KG	SQUAT	52.5 kg	Rhys Fowler	SPA Provincials	Saskatoon, SK. CAN	23-Oct-22
	BENCH PRESS	30.0 kg	Rhys Fowler	SPA Provincials	Saskatoon, SK. CAN	23-Oct-22
	DEADLIFT	75.0 kg	Rhys Fowler	SPA Provincials	Saskatoon, SK. CAN	23-Oct-22
	TOTAL	157.5 kg	Rhys Fowler	SPA Provincials	Saskatoon, SK. CAN	23-Oct-22
	BENCH-ONLY	30.0 kg	Rhys Fowler	SPA Provincials	Saskatoon, SK. CAN	23-Oct-22

44 KG	SQUAT	55.0 kg	Rhys Fowler	Last Chance	Moose Jaw, SK. CAN	11-Dec-21
	BENCH PRESS	30.0 kg	Rhys Fowler	Last Chance	Moose Jaw, SK. CAN	11-Dec-21
	DEADLIFT	76.0 kg	Rhys Fowler	Last Chance	Moose Jaw, SK. CAN	11-Dec-21
	TOTAL	161.0 kg	Rhys Fowler	Last Chance	Moose Jaw, SK. CAN	11-Dec-21
	BENCH-ONLY	30.0 kg	Rhys Fowler	Last Chance	Moose Jaw, SK. CAN	11-Dec-21

48 KG	SQUAT	40.0 kg	Maks Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	BENCH PRESS	22.5 kg	Maks Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	DEADLIFT	51.0 kg	Maks Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	TOTAL	113.5 kg	Maks Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	BENCH-ONLY	22.5 kg	Maks Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22

53 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

59 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

Youth 1 (Continued)

66 KG	SQUAT	40.0 kg	Hudson Fowler	Last Chance	Moose Jaw, SK. CAN	12-Dec-22
	BENCH PRESS	27.5 kg	Hudson Fowler	Last Chance	Moose Jaw, SK. CAN	12-Dec-22
	DEADLIFT	51.0 kg	Hudson Fowler	Last Chance	Moose Jaw, SK. CAN	12-Dec-22
	TOTAL	118.5 kg	Hudson Fowler	Last Chance	Moose Jaw, SK. CAN	12-Dec-22
	BENCH-ONLY	27.5 kg	Hudson Fowler	Last Chance	Moose Jaw, SK. CAN	12-Dec-22

74 KG	SQUAT	50.0 kg	Hudson Fowler	SPA Provincials	Weyburn, SK. CAN	22-Oct-23
	BENCH PRESS	35.0 kg	Hudson Fowler	SPA Provincials	Weyburn, SK. CAN	22-Oct-23
	DEADLIFT	55.0 kg	Hudson Fowler	SPA Provincials	Weyburn, SK. CAN	22-Oct-23
	TOTAL	140.0 kg	Hudson Fowler	SPA Provincials	Weyburn, SK. CAN	22-Oct-23
	BENCH-ONLY	35.0 kg	Hudson Fowler	SPA Provincials	Weyburn, SK. CAN	22-Oct-23

83 KG	SQUAT	51.0 kg	Hudson Fowler	Last Chance	Moose Jaw, SK. CAN	10-Dec-23
	BENCH PRESS	35.5 kg	Hudson Fowler	Last Chance	Moose Jaw, SK. CAN	10-Dec-23
	DEADLIFT	57.5 kg	Hudson Fowler	Last Chance	Moose Jaw, SK. CAN	10-Dec-23
	TOTAL	144.0 kg	Hudson Fowler	Last Chance	Moose Jaw, SK. CAN	10-Dec-23
	BENCH-ONLY	35.5 kg	Hudson Fowler	Last Chance	Moose Jaw, SK. CAN	10-Dec-23

93 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

105 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

+120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

Youth 2 Special Records

30 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

35 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

40 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

44 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

48 KG	SQUAT	40.0 kg	Maks Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	BENCH PRESS	22.5 kg	Maks Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	DEADLIFT	51.0 kg	Maks Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	TOTAL	113.5 kg	Maks Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	BENCH-ONLY	22.5 kg	Maks Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22

53 KG	SQUAT	65.0 kg	Rhys Fowler	CPU Westerns	Moose Jaw, SK. CAN	11-Mar-24
	BENCH PRESS	40.0 kg	Rhys Fowler	CPU Westerns	Moose Jaw, SK. CAN	11-Mar-24
	DEADLIFT	82.5 kg	Rhys Fowler	CPU Westerns	Moose Jaw, SK. CAN	11-Mar-24
	TOTAL	187.5 kg	Rhys Fowler	CPU Westerns	Moose Jaw, SK. CAN	11-Mar-24
	BENCH-ONLY	40.0 kg	Rhys Fowler	CPU Westerns	Moose Jaw, SK. CAN	11-Mar-24

59 KG	SQUAT	60.0 kg	Nash Dolan	Olympia In Depth	Weyburn, SK. CAN	11-Feb-22
	BENCH PRESS	32.5 kg	Nash Dolan	Olympia In Depth	Weyburn, SK. CAN	11-Feb-22
	DEADLIFT	81.0 kg	Nash Dolan	Olympia In Depth	Weyburn, SK. CAN	11-Feb-22
	TOTAL	173.5 kg	Nash Dolan	Olympia In Depth	Weyburn, SK. CAN	11-Feb-22
	BENCH-ONLY	32.5 kg	Nash Dolan	Olympia In Depth	Weyburn, SK. CAN	11-Feb-22

Youth 2 (Continued)

66 KG	SQUAT	67.5 kg	Nash Dolan	Synergy Open	Saskatoon, SK. CAN	9-Apr-22
	BENCH PRESS	30.0 kg	Nash Dolan	Synergy Open	Saskatoon, SK. CAN	9-Apr-22
	DEADLIFT	82.5 kg	Nash Dolan	Synergy Open	Saskatoon, SK. CAN	9-Apr-22
	TOTAL	180.0 kg	Nash Dolan	Synergy Open	Saskatoon, SK. CAN	9-Apr-22
	BENCH-ONLY	30.0 kg	Nash Dolan	Synergy Open	Saskatoon, SK. CAN	9-Apr-22

74 KG	SQUAT	0.0 kg	NO RECORD	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD	-	-	-
	DEADLIFT	0.0 kg	NO RECORD	-	-	-
	TOTAL	0.0 kg	NO RECORD	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD	-	-	-

83 KG	SQUAT	0.0 kg	NO RECORD	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD	-	-	-
	DEADLIFT	0.0 kg	NO RECORD	-	-	-
	TOTAL	0.0 kg	NO RECORD	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD	-	-	-

93 KG	SQUAT	0.0 kg	NO RECORD	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD	-	-	-
	DEADLIFT	0.0 kg	NO RECORD	-	-	-
	TOTAL	0.0 kg	NO RECORD	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD	-	-	-

105 KG	SQUAT	0.0 kg	NO RECORD	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD	-	-	-
	DEADLIFT	0.0 kg	NO RECORD	-	-	-
	TOTAL	0.0 kg	NO RECORD	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD	-	-	-

120 KG	SQUAT	0.0 kg	NO RECORD	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD	-	-	-
	DEADLIFT	0.0 kg	NO RECORD	-	-	-
	TOTAL	0.0 kg	NO RECORD	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD	-	-	-

+120 KG	SQUAT	0.0 kg	NO RECORD	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD	-	-	-
	DEADLIFT	0.0 kg	NO RECORD	-	-	-
	TOTAL	0.0 kg	NO RECORD	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD	-	-	-

Youth 3 Provincial Records

30 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
35 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
40 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
44 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
48 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
53 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
59 KG	SQUAT	60.0 kg	Nash Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	BENCH PRESS	32.5 kg	Nash Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	DEADLIFT	81.0 kg	Nash Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	TOTAL	173.5 kg	Nash Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22
	BENCH-ONLY	32.5 kg	Nash Dolan	Olympia In Depth	Weyburn, SK. CAN	19-Feb-22

Youth 3 (Continued)

66 KG	SQUAT	145.0 kg	Callum Bachorick	CPU Nationals	Summerside, PEI. CAN	9-Sep-24
	BENCH PRESS	70.0 kg	Callum Bachorick	CPU Nationals	Summerside, PEI. CAN	9-Sep-24
	DEADLIFT	172.5 kg	Callum Bachorick	CPU Nationals	Summerside, PEI. CAN	9-Sep-24
	TOTAL	387.5 kg	Callum Bachorick	CPU Nationals	Summerside, PEI. CAN	9-Sep-24
	BENCH-ONLY	70.0 kg	Callum Bachorick	CPU Nationals	Summerside, PEI. CAN	9-Sep-24

74 KG	SQUAT	140.0 kg	Callum Bachorick	Bridge City Classic	Sasakatoon, SK. CAN	13-Jul-24
	BENCH PRESS	67.5 kg	Callum Bachorick	Bridge City Classic	Sasakatoon, SK. CAN	13-Jul-24
	DEADLIFT	167.5 kg	Callum Bachorick	Bridge City Classic	Sasakatoon, SK. CAN	13-Jul-24
	TOTAL	375.0 kg	Callum Bachorick	Bridge City Classic	Sasakatoon, SK. CAN	13-Jul-24
	BENCH-ONLY	67.5 kg	Callum Bachorick	Bridge City Classic	Sasakatoon, SK. CAN	13-Jul-24

83 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

93 KG	SQUAT	82.5 kg	Aiden Corcoran	Last Chance	Moose Jaw, SK. CAN	11-Dec-21
	BENCH PRESS	65.0 kg	Aiden Corcoran	Last Chance	Moose Jaw, SK. CAN	11-Dec-21
	DEADLIFT	115.0 kg	Aiden Corcoran	Last Chance	Moose Jaw, SK. CAN	11-Dec-21
	TOTAL	262.5 kg	Aiden Corcoran	Last Chance	Moose Jaw, SK. CAN	11-Dec-21
	BENCH-ONLY	65.0 kg	Aiden Corcoran	Last Chance	Moose Jaw, SK. CAN	11-Dec-21

105 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

+120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-