

Welcome to the Saskatchewan Powerlifting Association's provincial records document! This collection is a comprehensive compilation of the outstanding achievements of powerlifters in our province. It serves as a testament to the dedication, hard work, and exceptional strength of our athletes.

Within these pages, you will find records organized by weight class and lift category, highlighting the best performances in each division. This document is designed to be a reference for athletes, coaches, and fans who are passionate about the sport of powerlifting. Our aim is to celebrate the accomplishments of our community and inspire others to reach new heights.

We have made every effort to ensure the accuracy of the records listed here. However, if you notice any discrepancies or errors, we encourage you to reach out to us at **records@saskpowerlifting.ca**. Your feedback is invaluable in maintaining the integrity and accuracy of this document.

Divisions list below:

- Open
- Sub-Junior
- Junior
- Master 1
- Master 2
- Master 3
- Master 4

If you would like to request a copy of your provincial record, please fill out this form with all the required information.

Request form - https://forms.gle/rzrGMSD9whwreqtT7

Thank you to all the lifters who contribute to the ever-evolving story of powerlifting in our province. Keep lifting, keep striving, and most importantly, keep inspiring!

Daniel Heintz Records Chair Saskatchewan Powerlifting Association August 1st, 2024



Open Special Olympic Provincial Records

			pecial Olympic			
	SQUAT	0.0 kg	NO RECORD SET	_	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	_	_	_
47 KG		_		-	-	-
41 NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	92.5 kg	Annalise Brown	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	27.5 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
52 KG	DEADLIFT	76.0 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
<i>32 1</i> (0	TOTAL	195.5 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
		_		· ·		
	BENCH-ONLY	27.5 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	<u>-</u>	-
57 KG	DEADLIFT	0.0 kg	NO RECORD SET	_	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	_	_	-
		5.5 Ng				
	COLLAT	22.0 //~	Chari Dahalaar	Cunoreu Onon	Cooketeer CV CAAL	20 Apr 2040
	SQUAT	32.0 kg	Shari Debelser	Synergy Open	Saskatoon, SK. CAN	20-Apr-2019
CO KO	BENCH PRESS	31.5 kg	Shari Debelser	Synergy Open	Saskatoon, SK. CAN	20-Apr-2019
63 KG	DEADLIFT	46.0 kg	Shari Debelser	Synergy Open	Saskatoon, SK. CAN	20-Apr-2019
	TOTAL	109.5 kg	Shari Debelser	Synergy Open	Saskatoon, SK. CAN	20-Apr-2019
	BENCH-ONLY	31.5 kg	Shari Debelser	Synergy Open	Saskatoon, SK. CAN	20-Apr-2019
	SQUAT	0.0 kg	NO RECORD SET	-	_	-
	BENCH PRESS	0.0 kg	NO RECORD SET	_	_	_
60 KC	DEADLIFT	0.0 kg		-	-	_
69 KG						
US AG			NO RECORD SET	-	-	-
09 NG	TOTAL	0.0 kg	NO RECORD SET	-	-	-
09 NG				- - -	-	
09 NG	TOTAL	0.0 kg	NO RECORD SET	- - -	-	:
09 NG	TOTAL	0.0 kg 0.0 kg	NO RECORD SET	-	-	:
09 NG	TOTAL	0.0 kg	NO RECORD SET	- - -	-	į.
	TOTAL BENCH-ONLY	0.0 kg 0.0 kg	NO RECORD SET NO RECORD SET	-	-	:
	TOTAL BENCH-ONLY SQUAT	0.0 kg 0.0 kg 0.0 kg	NO RECORD SET NO RECORD SET	-	- - -	-
76 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT	0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg	NO RECORD SET	-	- - -	-
	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL	0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg	NO RECORD SET	-	- - - - - -	
	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT	0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg	NO RECORD SET	-	- - - - - - - -	
	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL	0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg	NO RECORD SET	-	- - - - - - - -	
	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY	0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg	NO RECORD SET	-	- - - - - - - - - -	
	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT	0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg 0.0 kg	NO RECORD SET	-	- - - - - - - - -	- - - - - -
76 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS	0.0 kg	NO RECORD SET	-	- - - - - - - - - -	: : : : :
	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT	0.0 kg	NO RECORD SET	-	- - - - - - - - -	- - - - - - - -
76 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS	0.0 kg	NO RECORD SET	-	- - - - - - - - - -	- - - - - - - - -
76 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT	0.0 kg	NO RECORD SET	-	- - - -	
76 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL	0.0 kg	NO RECORD SET	-	- - - -	
76 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL	0.0 kg	NO RECORD SET	-	- - - -	- - - - - - - - - - -
76 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY	0.0 kg	NO RECORD SET	- - - - - - - - - -	- - - - - - - -	- - - -
76 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY	0.0 kg	NO RECORD SET	-	- - - -	- - - - - - - - - - - -
76 KG 84 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH-ONLY	0.0 kg	NO RECORD SET	- - - - - - - - - - -	- - - - - - - - -	- - - -
76 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH-ONLY	0.0 kg	NO RECORD SET	- - - - - - - - - -	- - - - - - -	- - - -
76 KG 84 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH-ONLY SQUAT BENCH-ONLY	0.0 kg	NO RECORD SET	- - - - - - - - - - -	- - - - - - - - -	- - - -
76 KG 84 KG	TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH PRESS DEADLIFT TOTAL BENCH-ONLY SQUAT BENCH-ONLY	0.0 kg	NO RECORD SET	- - - - - - - - - - -	- - - - - - - - -	- - - -



Sub-Junior Special Olympic Provincial Records

St						
9.0						
3,	QUAT	0.0 kg	NO RECORD SET	-	-	-
BI	ENCH PRESS	0.0 kg	NO RECORD SET	-	-	_
10 1/0	EADLIFT	-		-	_	
		0.0 kg	NO RECORD SET	-	-	-
TC	OTAL	0.0 kg	NO RECORD SET	-	-	-
BI	ENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
00	QUAT	0.04=	NO DECODE SET			
		0.0 kg	NO RECORD SET	-	-	-
	ENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
47 KG DE	EADLIFT	0.0 kg	NO RECORD SET	-	-	-
TC	OTAL	0.0 kg	NO RECORD SET	-	-	-
RI	ENCH-ONLY	0.0 kg	NO RECORD SET	_		_
J.	LITOIT OILL	0.0 Ng	NO NECOND CET			
SC	QUAT	92.5 kg	Annalise Brown	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	ENCH PRESS	27.5 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
52 KG DE	EADLIFT	76.0 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
	OTAL	-		·		3-Feb-2024
		195.5 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	
BI	ENCH-ONLY	27.5 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
91	QUAT	0.0 kg	NO RECORD SET	_		_
		-				
	ENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
57 KG DI	EADLIFT	0.0 kg	NO RECORD SET	-	-	-
TO	OTAL	0.0 kg	NO RECORD SET	-	_	-
ВГ	ENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
		ore ng				
			1			
SC	QUAT	0.0 kg	NO RECORD SET	-	-	-
	ENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
63 KG DE	EADLIFT	0.0 kg	NO RECORD SET	-	-	-
	OTAL	0.0 kg	NO RECORD SET			
		-		-	-	-
Ві	ENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
sc	QUAT	0.0 kg	NO RECORD SET	-	-	-
	ENCH PRESS	0.0 kg	NO RECORD SET	_	_	_
00 1/0		-		_		
	EADLIFT	0.0 kg	NO RECORD SET	-	-	-
TC	OTAL	0.0 kg	NO RECORD SET	-	-	-
BI	ENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
64	QUAT	0.0 kg	NO RECORD SET	_	_	
		0.0 kg		-	-	-
	ENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
76 KG DI	EADLIFT	0.0 kg	NO RECORD SET	-	-	-
TO	OTAL	0.0 kg	NO RECORD SET	_	-	-
В	ENCH-ONLY	0.0 kg	NO RECORD SET	-	_	-
		oro ng				
SC	QUAT	0.0 kg	NO RECORD SET	-	-	-
	ENCH PRESS	0.0 kg	NO RECORD SET	-	<u>-</u>	-
84 KG DI	EADLIFT	0.0 kg	NO RECORD SET	-	-	-
	OTAL	0.0 kg	NO RECORD SET			_
				-	-	-
В	ENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
90	QUAT	0.0 kg	NO RECORD SET	_	-	_
			NO RECORD SET			
	ENCH PRESS	0.0 kg		-	-	-
	EADLIFT	0.0 kg	NO RECORD SET	-	-	-
	OTAL	0.0 kg	NO RECORD SET	-	-	-
TO	OTAL ENCH-ONLY	0.0 kg 0.0 kg	NO RECORD SET NO RECORD SET	-	-	



Junior Special Olympic Provincial Records

	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
43 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	_	-
40 MG	TOTAL	-				
		0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	_	_
47 KG	DEADLIFT	0.0 kg	NO RECORD SET	-		
47 NG					-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	92.5 kg	Annalise Brown	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	27.5 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
52 KG				· ·		
32 NG	DEADLIFT	76.0 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
	TOTAL	195.5 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
	BENCH-ONLY	27.5 kg	Annalise Brown	Rise Open	Saskatoon, SK. CAN	3-Feb-2024
	SQUAT	0.0 kg	NO RECORD SET			_
	BENCH PRESS	-	NO RECORD SET	-	-	-
57 KG		0.0 kg		-	-	-
37 NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	_		-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	_	_	_
	BENCH PRESS	0.0 kg	NO RECORD SET			
63 KG		-		-	-	-
03 NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	_	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	_	_
69 KG	DEADLIFT	-		_		
US NG		0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	_	-
76 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	_	_
, 0 110	TOTAL					
		0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
84 KG	DEADLIFT	0.0 kg	NO RECORD SET	_	_	_
07710	TOTAL	0.0 kg	NO RECORD SET	-		
					-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	•	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
+84 KG	DEADLIFT	0.0 kg	NO RECORD SET	_	_	_
- 07 70	TOTAL	0.0 kg	NO RECORD SET	_		_
		-			_	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-



M1 Special Olympic Provincial Records

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	SQUAT	0.0 kg	NO RECORD SET	_	_	_
	BENCH PRESS	0.0 kg	NO RECORD SET	_	_	_
47 KG	DEADLIFT	_	NO RECORD SET	-	_	_
47 NG		0.0 kg		-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
52 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET			_
	BENCH PRESS	-	NO RECORD SET	-	-	-
57 KG		0.0 kg		-	-	
JI NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	32.0 kg	Shari Debelser	Synergy Open	Saskatoon, SK. CAN	20-Apr-2019
	BENCH PRESS	31.5 kg	Shari Debelser	Synergy Open	Saskatoon, SK. CAN	20-Apr-2019
63 KG	DEADLIFT	46.0 kg	Shari Debelser	Synergy Open	Saskatoon, SK. CAN	20-Apr-2019
	TOTAL	109.5 kg	Shari Debelser	Synergy Open	Saskatoon, SK. CAN	20-Apr-2019
	BENCH-ONLY	31.5 kg	Shari Debelser	Synergy Open	Saskatoon, SK. CAN	20-Apr-2019
	SQUAT	0.0 kg	NO RECORD SET	-	-	_
	BENCH PRESS	0.0 kg	NO RECORD SET	_	_	_
69 KG	DEADLIFT	0.0 kg	NO RECORD SET	_	_	_
03 110	TOTAL	0.0 kg	NO RECORD SET	_	_	_
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	_
	BENCH-UNLT	0.0 kg	NO RECORD SET	-	-	-
	001147	0.04	W0 DE00DD 055			
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
76 KO	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
76 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
84 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
		Ü				
	SQUAT	0.0 kg	NO RECORD SET	_	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	_	_	_
+84 KG	DEADLIFT	0.0 kg	NO RECORD SET	_	_	
. 07 / 10	TOTAL	_	NO RECORD SET	-	-	
		0.0 kg		-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-



M2 Special Olympic Provincial Records

		<u>iviz 3þ</u>	ecial Olympic Pro	VIIICIAI NECUIU	<u> </u>		
	SQUAT	0.0 kg	NO RECORD SET	_	_	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	_	
47 KG		_		-	-	-	
41 NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
52 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	_	
		9					
	SQUAT	0.0 kg	NO RECORD SET				
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	_	
57 KG		_		-	-	-	
37 NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
63 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	_	-	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	_	
69 KG	DEADLIFT	0.0 kg	NO RECORD SET	_	_	_	
03 110	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-			
	DENOIT-OILE	0.0 Ng	NO RECORD CET				
	SQUAT	0.0 kg	NO RECORD SET		<u>-</u>	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
76 KG		0.0 kg		-	-	-	
70 NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
84 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET		-	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
+84 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
- 0 / / (0	TOTAL	0.0 kg	NO RECORD SET		_	_	
	BENCH-ONLY	0.0 kg	NO RECORD SET	_	_		
		v.v ng					



M3 Special Olympic Provincial Records

		1413 351	eciai Orympic i i	ovincial recor	<u>us</u>		
	SQUAT	0.0 kg	NO RECORD SET	_	_	_	
		-		<u>-</u>	_		
47 VC	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
47 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	_	_	_	
		-		-	-		
EO KO	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
52 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	_	_	_	
	BENCH PRESS	-	NO RECORD SET	-	-	-	
ET VC		0.0 kg			-		
57 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	_	_	_	
	BENCH PRESS	0.0 kg	NO RECORD SET				
63 KG				-	-	-	
03 NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	_	_	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	_	_	
69 KG	DEADLIFT	-	NO RECORD SET	-	_		
US NG		0.0 kg			-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	_	_	_	
76 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	_	_	
7070	TOTAL	0.0 kg	NO RECORD SET	_			
		-			-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	_	
84 KG	DEADLIFT	0.0 kg	NO RECORD SET	_	_	_	
0.710	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET				
	DENON-UNLT	U.U Kg	NO RECORD SET	_			
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
+84 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	_	-	
	TOTAL	0.0 kg	NO RECORD SET	-		-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-		_	
		o.o ng	TO RESORD SET				



M4 Special Olympic Provincial Records

	SQUAT	0.0 kg	NO RECORD SET	-	-		
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
47 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
,,,,,,	TOTAL	0.0 kg	NO RECORD SET	_	_	_	
	BENCH-ONLY	0.0 kg	NO RECORD SET				
	DENOIT-ONE!	0.0 kg	NO RECORD SET	-			
	COLLAT	0.04	NO DECODE SET				
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
F0 1/0	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
52 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
57 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	_	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	_	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	_	-	
	DEMON ONE	0.0 Ng	110 11200112 021				
	SQUAT	0.0 kg	NO RECORD SET	_	_	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	<u>-</u>	-	_	
63 KG	DEADLIFT	-	NO RECORD SET	-	_		
03 AG	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
		0.0 kg		-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	001147	0.04	W0 DE00DD 057				
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
CO VO	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
69 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
76 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
84 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	=	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	=	-	-	
		J					
	SQUAT	0.0 kg	NO RECORD SET	-	_		
	BENCH PRESS	0.0 kg	NO RECORD SET	_	_		
+84 KG	DEADLIFT	0.0 kg	NO RECORD SET	-			
104 NG	TOTAL	0.0 kg	NO RECORD SET	-		-	
	BENCH-ONLY		NO RECORD SET	-			
	DEMON-UNLT	0.0 kg	NO NECORD SET	-	-	-	