



Welcome to the Saskatchewan Powerlifting Association's provincial records document! This collection is a comprehensive compilation of the outstanding achievements of powerlifters in our province. It serves as a testament to the dedication, hard work, and exceptional strength of our athletes.

Within these pages, you will find records organized by weight class and lift category, highlighting the best performances in each division. This document is designed to be a reference for athletes, coaches, and fans who are passionate about the sport of powerlifting. Our aim is to celebrate the accomplishments of our community and inspire others to reach new heights.

We have made every effort to ensure the accuracy of the records listed here. However, if you notice any discrepancies or errors, we encourage you to reach out to us at **records@saskpowerlifting.ca**. Your feedback is invaluable in maintaining the integrity and accuracy of this document.

Divisions list below:

- Youth 1
- Youth 2
- Youth 3

If you would like to request a copy of your provincial record, please fill out this form with all the required information.

Request form - https://forms.gle/rzrGMSD9whwregtT7

Thank you to all the lifters who contribute to the ever-evolving story of powerlifting in our province. Keep lifting, keep striving, and most importantly, keep inspiring!

Daniel Heintz Records Chair Saskatchewan Powerlifting Association August 1st, 2024



### **Youth 1 Special Olympic Provincial Records**

30 KG	SQUAT	0.0 kg	NO RECORD SET		-		
	BENCH PRESS	0.0 kg	NO RECORD SET	_	_	_	
	DEADLIFT	0.0 kg	NO RECORD SET				
	TOTAL	0.0 kg	NO RECORD SET		_		
	BENCH-ONLY	0.0 kg	NO RECORD SET		_	_	
	DENOIT-ONE!	0.0 kg	NO RECORD CET				
	SQUAT	0.0 kg	NO RECORD SET		_	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-		
35 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
33 NG	TOTAL	-	NO RECORD SET	-	-		
		0.0 kg		-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	COLLAT	0.01	NO DECODE OFT				
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
40 KG	BENCH PRESS	0.0 kg	NO RECORD SET	-	-		
40 NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	•	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
44 VO	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
44 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
40.140	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
48 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
<b>50.170</b>	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
53 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
59 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
		_					

# YOUTH 1



### Youth 1 (Continued)

			10001 = 100110				
66 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
	DEADLIFT	0.0 kg	NO RECORD SET	-	_	_	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	_	
		313 113					
74 KG	SQUAT	0.0 kg	NO RECORD SET	_	_	_	
	BENCH PRESS	0.0 kg	NO RECORD SET		-	_	
	DEADLIFT	0.0 kg	NO RECORD SET	_	-	_	
1410	TOTAL	0.0 kg	NO RECORD SET		_	_	
	BENCH-ONLY	0.0 kg	NO RECORD SET		_	_	
	DENOIT-ONE!	0.0 kg	NO REGORD SET		_		
	SQUAT	0.0 kg	NO RECORD SET		_		
	BENCH PRESS	0.0 kg	NO RECORD SET		_	_	
83 KG	DEADLIFT	0.0 kg	NO RECORD SET	_	_	_	
00 110	TOTAL	0.0 kg	NO RECORD SET		-	_	
	BENCH-ONLY	0.0 kg	NO RECORD SET				
	DENOIT-ONE!	0.0 kg	NO RECORD SET	_	-	-	
	SQUAT	0.0 kg	NO RECORD SET		_		
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
93 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-		
33 NG	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	-	NO RECORD SET		-	-	
	BENCH-UNLI	0.0 kg	NO RECORD SET	-	-		
	SQUAT	0.0 kg	NO RECORD SET				
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-		
105 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-	
103 NG	TOTAL	_	NO RECORD SET		-	_	
	BENCH-ONLY	0.0 kg	NO RECORD SET		-	-	
	DENCH-UNLT	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0.0 kg	NO RECORD SET		_		
	BENCH PRESS	•	NO RECORD SET	-	-	_	
120 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-		
120 NG	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
		0.0 kg		-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-	
	SQUAT	0 0 kg	NO RECORD SET				
		0.0 kg		•	-	-	
+120 KG	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-	
+120 NG	DEADLIFT	0.0 kg	NO RECORD SET	•	-	-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-	
	BENCH-ONLY	0.0 kg	NO RECORD SET		-	-	



#### **Youth 2 Special Olympic Provincial Records**

		10atil 2	Special Olympic i	Ovinicial Mece	143	
	SQUAT	0.0 kg	NO RECORD SET		_	_
	BENCH PRESS	0.0 kg	NO RECORD SET			
30 KG	DEADLIFT	0.0 kg	NO RECORD SET			_
JU NG	TOTAL	0.0 kg	NO RECORD SET		_	
	BENCH-ONLY		NO RECORD SET			
	DENCH-UNLT	0.0 kg	NO RECORD SET	-	-	-
	COLLAT	0.01	NO DECODE OFF			
25 KO	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	
35 KG	DEADLIFT	0.0 kg	NO RECORD SET		-	
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
40.170	BENCH PRESS	0.0 kg	NO RECORD SET		-	
40 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET		-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET		-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
44 KG	DEADLIFT	0.0 kg	NO RECORD SET		-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET		-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
48 KG	DEADLIFT	0.0 kg	NO RECORD SET		-	-
	TOTAL	0.0 kg	NO RECORD SET	_	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
		3				
	SQUAT	0.0 kg	NO RECORD SET		-	
	BENCH PRESS	0.0 kg	NO RECORD SET		-	
53 KG	DEADLIFT	0.0 kg	NO RECORD SET			
00 710	TOTAL	0.0 kg	NO RECORD SET			
	BENCH-ONLY	0.0 kg	NO RECORD SET	_	-	
	DENON-ONLI	U.U NY	NO RECORD SET	-	-	
	SQUAT	0.0 kg	NO RECORD SET			
		0.0 kg		-	-	
59 KG	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	
39 NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET		-	
	BENCH-ONLY	0.0 kg	NO RECORD SET		•	



### Youth 2 (Continued)

			Toutil 2 (con	i cirra ca j		
66 KG	SQUAT	0.0 kg	NO RECORD SET	_	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	_	_
	DEADLIFT	0.0 kg	NO RECORD SET	_	_	
00 110	TOTAL	0.0 kg	NO RECORD SET	-		_
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	_	
	BENCH-ONLI	0.0 kg	NO RECORD SET	-	-	•
	SQUAT	0.04	NO RECORD SET	_		
74 KG		0.0 kg		-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
14 NG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	
00 1/0	BENCH PRESS	0.0 kg	NO RECORD SET	-	_	-
83 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-		-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	15.0 kg	Gethin Madsen	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	BENCH PRESS	15.0 kg	Gethin Madsen	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
93 KG	DEADLIFT	46.0 kg	Gethin Madsen	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	TOTAL	76.0 kg	Gethin Madsen	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	BENCH-ONLY	15.0 kg	Gethin Madsen	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	SQUAT	11.0 kg	Nolan Ledeux	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	BENCH PRESS	15.0 kg	Nolan Ledeux	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
105 KG	DEADLIFT	35.0 kg	Nolan Ledeux	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	TOTAL	61.0 kg	Nolan Ledeux	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	BENCH-ONLY	35.0 kg	Nolan Ledeux	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
		_				
	SQUAT	0.0 kg	NO RECORD SET	-	_	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
120 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	<del></del> -	· · · · · · · · · · · · ·				
	SQUAT	0.0 kg	NO RECORD SET		_	-
	BENCH PRESS	0.0 kg	NO RECORD SET			_
+120 KG	DEADLIFT	0.0 kg	NO RECORD SET		_	
. 120 13	TOTAL	0.0 kg	NO RECORD SET	-	_	
	BENCH-ONLY	0.0 kg	NO RECORD SET		-	
	DEMON-ONLI	U.U NY	NO RECORD SET	·	·	



#### **Youth 3 Special Olympic Provincial Records**

		100.0	Special Olympic		<del>5 : 6.6</del>	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
30 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
00 7.0	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET		-	-
		g				
	SQUAT	0.0 kg	NO RECORD SET	-		<u>-</u>
	BENCH PRESS	0.0 kg	NO RECORD SET		-	_
35 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
00710	TOTAL	0.0 kg	NO RECORD SET		-	_
	BENCH-ONLY	0.0 kg	NO RECORD SET	_	-	_
	22.10.1 0.12.	0.0 Ng				
	SQUAT	0.0 kg	NO RECORD SET	_	_	
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	
40 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	_	_	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	45.0 kg	Biruk Corrigan	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	BENCH PRESS	30.0 kg	Biruk Corrigan	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
44 KG	DEADLIFT	65.0 kg	Biruk Corrigan	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	TOTAL	140.0 kg	Biruk Corrigan	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	BENCH-ONLY	30.0 kg	Biruk Corrigan	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
				• •		
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
48 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
53 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
59 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
		_				

## YOUTH 3



### **Youth 3 (Continued)**

			Touth 5 (cor	<u>itiiiacaj</u>		
66 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	_
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	_	_	_
	TOTAL	0.0 kg	NO RECORD SET	_	_	_
	BENCH-ONLY	0.0 kg	NO RECORD SET	_	_	_
	BENCH-ONLI	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 km	NO RECORD SET			
74 V.C		0.0 kg		-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
74 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET		-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
00.1/6	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
83 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	_
93 KG	DEADLIFT	0.0 kg	NO RECORD SET		-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET		-	-
	SQUAT	0.0 kg	NO RECORD SET	_	_	_
	BENCH PRESS	0.0 kg	NO RECORD SET	_	_	
105 KG	DEADLIFT	0.0 kg	NO RECORD SET	_	_	_
100110	TOTAL	0.0 kg	NO RECORD SET	-	_	
	BENCH-ONLY	0.0 kg	NO RECORD SET	-		
	DENOIT-ONE!	0.0 kg	NO RECORD SET		· ·	· ·
	SQUAT	47 E ka	Lucas Ungar	Bridge City Classic	Sackatoon SK CAN	12-Jul-24
	BENCH PRESS	47.5 kg	Lucas Unger	Bridge City Classic	Saskatoon, SK. CAN	
120 KG		40.0 kg	Lucas Unger	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
120 NG	DEADLIFT	92.0 kg	Lucas Unger	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	TOTAL	179.5 kg	Lucas Unger	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	BENCH-ONLY	40.0 kg	Lucas Unger	Bridge City Classic	Saskatoon, SK. CAN	12-Jul-24
	SQUAT	0.0 kg	NO RECORD SET	-	-	-
. 400 KO	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
+120 KG	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-