



MENS
SPECIAL OLYMPIC
PROVINCIAL RECORDS

 **Saskatchewan**
Powerlifting



Welcome to the Saskatchewan Powerlifting Association's provincial records document! This collection is a comprehensive compilation of the outstanding achievements of powerlifters in our province. It serves as a testament to the dedication, hard work, and exceptional strength of our athletes.

Within these pages, you will find records organized by weight class and lift category, highlighting the best performances in each division. This document is designed to be a reference for athletes, coaches, and fans who are passionate about the sport of powerlifting. Our aim is to celebrate the accomplishments of our community and inspire others to reach new heights.

We have made every effort to ensure the accuracy of the records listed here. However, if you notice any discrepancies or errors, we encourage you to reach out to us at records@saskpowerlifting.ca. Your feedback is invaluable in maintaining the integrity and accuracy of this document.

Divisions list below:

- Open
- Sub-Junior
- Junior
- Master 1
- Master 2
- Master 3
- Master 4

If you would like to request a copy of your provincial record, please fill out this form with all the required information.

Request form - <https://forms.gle/rzrGMSD9whwreqtT7>

Thank you to all the lifters who contribute to the ever-evolving story of powerlifting in our province. Keep lifting, keep striving, and most importantly, keep inspiring!

Daniel Heintz
Records Chair
Saskatchewan Powerlifting Association
August 1st, 2024

Open Provincial Records

59 KG	SQUAT	78.0 kg	Randy Lunzy	Unparalleled Open	Moose Jaw, SK. CAN	28-Jun-2014
	BENCH PRESS	67.5 kg	Randy Lunzy	Last Chance	Regina, SK. CAN	12-Dec-2011
	DEADLIFT	105.0 kg	Randy Lunzy	SPA Provincials	Regina, SK. CAN	13-Sep-2014
	TOTAL	245.0 kg	Randy Lunzy	Unparalleled Open	Moose Jaw, SK. CAN	28-Jun-2014
	BENCH-ONLY	67.5 kg	Randy Lunzy	Last Chance	Regina, SK. CAN	12-Dec-2011

66 KG	SQUAT	85.0 kg	Thomas Wright	SPA Provincials	Regina, SK. CAN	13-Sep-2014
	BENCH PRESS	55.0 kg	Thomas Wright	Canadian Strength Symposium	Saskatoon, SK. CAN	24-Jan-2015
	DEADLIFT	112.5 kg	Jordan Upshall	Synergy Open	Saskatoon, SK. CAN	16-Apr-2017
	TOTAL	247.5 kg	Jordan Upshall	Synergy Open	Saskatoon, SK. CAN	16-Apr-2017
	BENCH-ONLY	55.0 kg	Thomas Wright	Canadian Strength Symposium	Saskatoon, SK. CAN	24-Jan-2015

74 KG	SQUAT	95.0 kg	Thomas Wright	War of the West	Regina, SK. CAN	19-May-2018
	BENCH PRESS	72.5 kg	Braden Skilliter	Synergy Open	Saskatoon, SK. CAN	16-Apr-2017
	DEADLIFT	100.0 kg	Thomas Wright	War of the West	Regina, SK. CAN	19-May-2018
	TOTAL	280.0 kg	Braden Skilliter	Synergy Open	Saskatoon, SK. CAN	16-Apr-2017
	BENCH-ONLY	72.5 kg	Braden Skilliter	Synergy Open	Saskatoon, SK. CAN	16-Apr-2017

83 KG	SQUAT	92.5 kg	Thomas Wright	SPA Provincials	Weyburn, SK. CAN	26-Oct-2019
	BENCH PRESS	65.0 kg	Thomas Wright	SPA Provincials	Weyburn, SK. CAN	26-Oct-2019
	DEADLIFT	100.0 kg	Thomas Wright	SPA Provincials	Weyburn, SK. CAN	26-Oct-2019
	TOTAL	257.5 kg	Thomas Wright	SPA Provincials	Weyburn, SK. CAN	26-Oct-2019
	BENCH-ONLY	65.0 kg	Thomas Wright	SPA Provincials	Weyburn, SK. CAN	26-Oct-2019

93 KG	SQUAT	130.0 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	75.5 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	DEADLIFT	165.0 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	TOTAL	370.5 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH-ONLY	75.5 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024

105 KG	SQUAT	180.0 kg	Aaron Higgins	SPA Provincials	Regina, SK. CAN	29-Jul-2017
	BENCH PRESS	112.5 kg	Aaron Higgins	SPA Provincials	Weyburn, SK. CAN	26-Oct-2019
	DEADLIFT	165.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	TOTAL	440.0 kg	Aaron Higgins	SPA Provincials	Weyburn, SK. CAN	26-Oct-2019
	BENCH-ONLY	112.5 kg	Aaron Higgins	SPA Provincials	Weyburn, SK. CAN	26-Oct-2019

120 KG	SQUAT	175.0 kg	Aaron Higgins	SPA Provincials	Moose Jaw, SK. CAN	3-Oct-2021
	BENCH PRESS	110	Aaron Higgins	SPA Provincials	Moose Jaw, SK. CAN	3-Oct-2021
	DEADLIFT	162.5 kg	Aaron Higgins	SPA Provincials	Moose Jaw, SK. CAN	3-Oct-2021
	TOTAL	447.5 kg	Aaron Higgins	SPA Provincials	Moose Jaw, SK. CAN	3-Oct-2021
	BENCH-ONLY	110.0 kg	Aaron Higgins	SPA Provincials	Moose Jaw, SK. CAN	3-Oct-2021

+120 KG	SQUAT	80.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	53.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	DEADLIFT	110.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	TOTAL	243.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH-ONLY	53.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024

Sub-Junior Provincial Records

53 KG	SQUAT	60.0 kg	Aiden Popoff	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	40.0 kg	Aiden Popoff	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	DEADLIFT	85.0 kg	Aiden Popoff	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	TOTAL	185.0 kg	Aiden Popoff	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH-ONLY	40.0 kg	Aiden Popoff	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024

59 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

66 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

74 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

83 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

93 KG	SQUAT	130.0 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	75.5 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	DEADLIFT	165.0 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	TOTAL	370.5 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH-ONLY	75.5 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024

105 KG	SQUAT	125.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	78.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	DEADLIFT	165.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	TOTAL	368.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH-ONLY	78.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024

120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

+120 KG	SQUAT	80.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	53.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	DEADLIFT	110.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	TOTAL	243.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH-ONLY	53.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024

Junior Provincial Records

53 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

59 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

66 KG	SQUAT	85.0 kg	Thomas Wright	SPA Provincials	Regina, SK. CAN	13-Sep-2014
	BENCH PRESS	55.0 kg	Thomas Wright	Canadian Strength Symposium	Saskatoon, SK. CAN	24-Jan-2015
	DEADLIFT	65.5 kg	Thomas Wright	Canadian Strength Symposium	Saskatoon, SK. CAN	24-Jan-2015
	TOTAL	202.5 kg	Thomas Wright	SPA Provincials	Regina, SK. CAN	13-Sep-2014
	BENCH-ONLY	55.0 kg	Thomas Wright	Canadian Strength Symposium	Saskatoon, SK. CAN	24-Jan-2015

74 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

83 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

93 KG	SQUAT	130.0 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	75.5 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	DEADLIFT	165.0 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	TOTAL	370.5 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH-ONLY	75.5 kg	Liam Bonnell	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024

105 KG	SQUAT	125.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	78.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	DEADLIFT	165.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	TOTAL	368.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH-ONLY	78.0 kg	Dominic Baragar	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024

120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

+120 KG	SQUAT	80.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH PRESS	53.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	DEADLIFT	110.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	TOTAL	243.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024
	BENCH-ONLY	53.0 kg	Grayson Bigoraj	Bridge City Classic	Saskatoon, SK. CAN	13-Jul-2024

M1 Provincial Records

59 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

66 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

74 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

83 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

93 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

105 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

+120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

M2 Provincial Records

59 KG	SQUAT	78.0 kg	Randy Lunzy	Unparalleled Open	Moose Jaw, SK. CAN	28-Jun-2014
	BENCH PRESS	67.5 kg	Randy Lunzy	Last Chance	Regina, SK. CAN	12-Dec-2011
	DEADLIFT	105.0 kg	Randy Lunzy	SPA Provincials	Regina, SK. CAN	13-Sep-2014
	TOTAL	245.0 kg	Randy Lunzy	Unparalleled Open	Moose Jaw, SK. CAN	28-Jun-2014
	BENCH-ONLY	67.5 kg	Randy Lunzy	Last Chance	Regina, SK. CAN	12-Dec-2011
66 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
74 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
83 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
93 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
105 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
+120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

M3 Provincial Records

59 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
66 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
74 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
83 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
93 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
105 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
+120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-

M4 Provincial Records

59 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
66 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
74 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
83 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
93 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
105 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-
+120 KG	SQUAT	0.0 kg	NO RECORD SET	-	-	-
	BENCH PRESS	0.0 kg	NO RECORD SET	-	-	-
	DEADLIFT	0.0 kg	NO RECORD SET	-	-	-
	TOTAL	0.0 kg	NO RECORD SET	-	-	-
	BENCH-ONLY	0.0 kg	NO RECORD SET	-	-	-