

Saskatchewan Powerlifting Association
Annual General Meeting – October 11, 2008
St. Margaret's School
Moose Jaw, SK

Roll Call – Mel Durrant, Aaron Ziffle, Ryan Stinn, Jeff Butt, Rhaea Fowler, Ryan Fowler, Heidi Fowler, Dan Suberlak, Taunia Stevens, Jesse Jamieson

Called the meeting to order at 7:08 p.m.

Adoption of Agenda – Dan has a proposal under new business.
Ryan Stinn moves that we adopt the agenda. Seconder: Jeff *Carried*.

Reports – See attached reports for more information

President's Report – our numbers are up both lifters and associate members. There are 6 lifters going to World's next month from SK.

Records Chair Report – new Special Olympics records were started at Westerns.

Technical Chair Report – Rhaea is the one new provincial referee. Dan Suberlak has returned to reffing and will be reffing at Provincials and writing his National exam at Nationals next year. Recruitment of World's referees will be important leading up to hosting World's in 2011.

Treasurer's Report – We had a loss in 2007, however we are doing better this year. We have had some large expenditures that will be beneficial in the future (ie. Clothing, medals, etc.)

Ryan Stinn moves that we accept the reports as read. Seconder: Aaron. *Carried*.

Old Business

- a) Sask Sport Funding – we need 150 members from 5 zones, with 15 registered members or 1 registered club in 5 zones. To gain credibility it would also be good to be working toward having certified coaches. There is the opportunity to have an office at the Sask Sport offices.
- b) Incorporation – Sask Sport would like us to be incorporated for two years before they will provide funding.

It was decided that we need to keep trying for funding ASAP by sending in financial statements from the previous years to gain incorporation status.

- c) Constitution – was created and posted on the website in the past year.
- d) Drug Testing – occurring as reported last year by Ryan Stinn.
- e) SK Powerlifting Clothes – have been popular.

New Business

a) CPU Affiliation Requirements

Article V.2. – Government

Original Wording: Between meetings, the association shall be governed by an executive council, comprised of the elected positions of President, Vice President,

Secretary, Treasurer, and Technical Chairman. Offices may be combined if sufficient members are not found to fill each office.

Proposed Wording: Between meetings, the association shall be governed by an executive council, comprised of the elected positions of President, Vice President, Secretary, Treasurer, Technical Chair, Records Chair, and Registration Chair.

Offices may be combined if sufficient members are not found to fill each office.

Heidi moves that we accept the proposed wording to update the constitution.

Secunder: Ryan Stinn. *Carried.*

b) Add: Article XII – Duties of the Records Chair

1. The Records Chair shall be responsible for maintaining current Provincial Records for all male and female age and weight categories.
2. The Records Chair shall be responsible for maintaining current Provincial Records for male and female Special Olympians, with only one set of Open records being created.

Ryan Stinn moves to amend the wording to: The Records Chair shall be responsible for maintaining current Provincial Records for all male and female age and weight categories and special interest groups. Secunder: Aaron. *Carried.*

Jeff moves we accept the amended wording. Secunder: Ryan Stinn. *Carried.*

c) Add: Article XIII – Duties of the Registration Chair

1. The Registration Chair shall maintain an up-to-date list of all provincially registered Regular and Affiliate members, with current contact information.
2. The Registration Chair shall maintain an up-to-date list of all registered teams or clubs within the province, with current contact and training centre information.

Jeff moves we accept this proposal. Secunder: Ryan Stinn. *Carried.*

d) Registration of clubs within the province.

Proposal: Add to Article XIII - Membership

5. Teams and Clubs

- A) Teams or clubs are required to register with the SPA as an official team or club. To register, teams or clubs must provide the Registration Chair with team name, mailing address and address of training facility. Each lifter who trains as part of a team or club will have that team or club name written on their CPU card each year.
- B) A team or club is defined as:
 1. being registered with the SPA.
 2. any number of lifters training together on a regular basis (at least once a week).
- C) If for any reason the lifter wishes to change clubs, or he/she is unable to follow the above recommendations, he/she must send a written explanation to the SPA Registration Chair.

Jeff moves we accept this proposal. Secunder: Ryan Stinn. *Carried.*

e) Article XIV – Competitions

Add XIV.6.C) At every provincial championship, there will be a team/club competition included in the contest. Teams or clubs are defined in the CPU constitution, Article XX. A yearly award will be developed and presented to the winning team to be kept at their training centre until the next Provincial Championship, at which time the winning team/club will be responsible for returning the award to the Provincial President.

Amendment: A team will be comprised of the top 3 powerlifter wilks and top 2 bench wilks of members of the team.

Jeff moves we accept the proposal as amended. Seconder: Aaron. *Carried.*

The SPA will provide the award of a large plaque that the team's name will be engraved on and a smaller plaque to be kept by the team.

Jeff moves that we accept the proposal as amended. Seconder: Rhaea. *Carried.*

f) \$10 doping control fee on all meet entries in the province that are sanctioned by the SPA

Article XIV – Competition

Current Wording:

3. Competition: Sanctioned Meet Fee

A) The fee shall be \$25.00 for SPA, \$75.00 for non-members, and must be received by the Treasurer one month in advance of the competition.

B) All meets directors must also post a performance bond in the amount of \$100. This money will be in the form of a cheque that will be held, and cashed only if the SPA Executive feels that the meet director has not presented a satisfactory event.

Proposed Wording:

3. Competition: Sanctioned Meet Fee

A) The fee shall be \$25.00 for SPA, \$75.00 for non-members, and must be received by the Treasurer one month in advance of the competition.

B) A \$10 per lifter doping control fee is to be paid to the SPA following any sanctioned contest held in Saskatchewan.

C) All meets directors must also post a performance bond in the amount of \$100. This money will be in the form of a cheque that will be held, and cashed only if the SPA Executive feels that the meet director has not presented a satisfactory event.

Jeff Butt moves that we amend b) To read: A \$10 per lifter doping control fee is to be paid to the SPA following any sanctioned contest held in Saskatchewan. Fee will be waived for any Special Olympic lifter. Seconder: Rhaea. *Carried.*

Ryan Stinn moves that we accept the proposal as amended. Seconder: Jeff. *Carried.*

Future Championships

- a) Provincials 2009 – Tentatively will be hosted in Esterhazy with Jesse Jamieson as the meet director. Jesse has spoken to the community centre and the hotel as the venues, and the gym in town may provide some warm-up equipment.

- b) Nationals 2009 – we are hosting in Moose Jaw. A 4 person sauna at the venue would be nice. Perhaps this could be bought for Nationals and then used again when we host World's. We are hoping to stream the meet onto the internet if we can get sponsorship for this. A large amount of help is required and people are asked to volunteer if possible. We will be putting in a proposal to change the days of Nationals to Tuesday through Saturday rather than Wednesday to Sunday.
- c) Sub-Junior/Junior Worlds 2011 is being hosted by the SPA in Moose Jaw.
- d) Nationals 2011 – we will put in a bid as a test run for Worlds that year.

Any Other Business

1. Non-active lifters – Dan brought up the point that we should perhaps propose this category to the CPU so people involved in the sport could still buy CPU cards to support the sport, but drug testing could be concentrated on active lifters. Jeff commented that only the top lifters would be tested out of meet as they would only be the ones filling out their whereabouts forms and only lifters would be tested at meets.
2. SPA Equipment – Jeff is getting a complete set and Ryan Stinn and Ryan Fowler are getting another set to share. There is a spare set from Newfoundland that would be available to us at no cost other than transportation to Saskatchewan. Would Nationals budget take care of this cost so we could have a competition set in the province?
3. Team Jackets for Nationals – Members of Team Saskatchewan are encouraged to buy a team jacket for Nationals 2009.
4. Medals for Provincials
Ryan Stinn proposes that the SPA develops a medal for all provincial championships and meet directors buy them from the SPA at the current rate. Seconder: Jeff. *Carried.*

Adjournment

Jeff moves we close the meeting. 9:17 p.m. Adjourned.