Saskatchewan Powerlifting Association

Annual General Meeting Minutes – September 12, 2014

Queensbury Center

Regina, SK

**Roll Call** - Ryan Fowler, Ryan Stinn, Pam Windrum, Rory Windrum, Tanner Le Page, Taunia Stevens, Steve Price, Robyn Pearce, Aaron Ziffle, Rhaea Stinn, Tyler Hartnett, Lucas Tetreault, Chris Arnold, Marc Morris, Todd Butler, Heidi Fowler. Mike Armstrong - Observer

Called the meeting to order at 8:07 pm

**Adoption of the Agenda** – Rory Windrum moves that we adopt the agenda as presented. Seconder: Aaron Ziffle. *Carried*.

**Adoption of the Minutes from 2013** – Aaron Ziffle moves that we adopt the minutes from 2012 as presented. Seconder: Ryan Stinn. *Carried*.

**Elections**

None this year

**Reports –** See attached reports for more information.

Lucas Tetreault moves that we accept the reports as read. Seconder: Aaron Ziffle. *Carried.*

**Old Business**

1. Sask Sport update – We are still missing the required membership numbers in the 5 zones. They were happy with the latest presentation brought forward to them. Chris Arnold and Jessie Buydens continue to work on the wording of the Policies. We are continuing to work towards getting Sask Sport recognition

**Budget**

1. 2014-2015 budget. Rory Windrum moves that we accept the budget as presented. Seconder: Aaron Ziffle. *Carried.*
2. Audit *–* According to the Non-Profit Incorporation laws, we have to have an audit done on our books every year. However, because we have less than $20,000 going through our books each year, we can vote on waiving the audit. Ryan Fowler moves that the Saskatchewan Powerlifting Association Corp. will not conduct an audit of its books for the 2014-2015 budget year. Seconder: Todd Butler.  *Carried*.

**New Business**

1. Current wording

3. A) Full member $60.00

Proposed Wording

3. A) Full member $75.00

Reason: The CPU has increased the cost of cards by $10, from $35-$45. We have not increased the cost of our cards since 2012, even when the CPU increased the card cost the last time. A $15 increase will allow the SPA to continue to operate in a financially stable manner.

Amend: Ryan Stinn admend’s to: Full member cost of card to “cost of CPU charge of card +$30.” So that wording doesn’t have to be changed every time cost goes up.

Ryan Fowler accepts friendly amendment. *Carried*

1. **Article XV – Membership**

Current Wording

3. B) New member $35.00

D) Special member $35.00

Proposed Wording

3. B) New member $45.00

D) Special member $45.00

Reason: The CPU has increased the cost of cards by $10, from $35-$45. We need to be charging our new members and special members the cost of the card

Amend: Ryan Stinn admend’s to: New and Special members cost of card to “cost of CPU charge of card” So that wording doesn’t have to be changed every time cost goes up.

Ryan Fowler accepts friendly amendment. *Carried*

1. **Article XV - Membership**

Current wording

Membership are for one year, defined as January 01 through December 31.

Proposed Wording:

Memberships are for one year from the date of purchase.

Reason:

The CPU has made memberships valid for one year from the date of purchase.

Ryan Stinn seconds*. Carried*

1. **Article XVI – Competition**

Remove:

5. Competitions: Novice Competitors

At all competitions except a Provincial Championship, a separate class of novice competitors may be created under the following conditions.

1. That one piece suits for lifting not be required, shorts and T shirt are allowed and final judgement of proper lifting attire be the decision of the head judge.
2. That a lifter be allowed to compete as a novice one (1) time only. Should the lifter wish to continue in the sport they will be required to wear proper lifting attire.
3. A lifter not wearing proper lifting attire is not able to set Provincial or National records.

Reason:

We are at the point in the SPA where a Novice category has not been used for a number of years, and we need to be promoting the sport as it is, without allowing shorts andT shirt.

Steve Price seconds. *Carried*

1. Adopt “Discrimination and Harassment Policy”
2. Adopt “ Policy on Appeals”
3. Adopt “Finincial Policy”

Chris Arnold moves to adopt policies. Seconder: Lucas Tetreault. *Carried*

**Items for Discussion**

1. SPA Meet Directors Guide – Still ongoing
2. Support for National and International Events run by SPA members – Proposal of budgeting any surplus, to a cap of $500 as a SPA sponsorship for hosting National and International meets. To be used as a promotion to help get the sport out there, and to attract Sask Sport. If the SPA holds these meets, there will be expectations of its members to contribute to the running of the meet.

Lucas Tetreault moves to include cap of sponsorship money. Seconder: Chris Arnold. *Carried*

**Future Championships/Contests**

1. Last Chance Invitational – December 20, 2014h in Moose Jaw at Unparalleled
2. Synergy Crossfit Powerlifting Contest – January 24, 2015 in Saskatoon
3. Provincial 2015 bid – Weyburn. Ryan Fowler to run
4. 2015 National Championship – April 6-11 – St. John’s NFLD
5. 2015 North American Powerlifting Championship – July 8-11 – Moose Jaw, SK
6. 2016 National Championship – Moose Jaw, Sk
7. 2015 Commonwealth – Dec 5 in BC

**Any Other Business**

1. We discussed the Club award at Provincials, and what differentiates a club and a business. And if the award is only at Provincials, must it be registered? It could be up to the meet director to determine the requirements of the team. Ryan Fowler proposed to bring this to the executive to discuss for next years AGM
2. It was asked who promotes the growth of powerlifting. Maybe add a position to the executive, like a director of social media. This would be a good opportunity for non lifters to be involved in the sport. Tyler Hartnett volunteered. It was decided that Tyler, along with Lucas Tetreault and Rhaea Stinn would be involved in creating sponsorship packages, and increase media coverage of the sport and of meets. Even changes to the webpage, highlighting people who have made their qualifiers, and send letters in the mail saying they have qualified, to help build excitement.
3. Information on the Canadian Coaching Program was asked of, but still waiting on some pieces in negotiation before more can be said. Hopefully at next years AGM there will be more to report
4. Plan to help get more lifters to Nationals. Its tough for the SPA to do, as they do not have the financial ability to yet. If we get recognized through Sask Sport, or get a corporate sponsorship, it would be a bit easier. Lucas Tetreault proposed that it should be an SPA goal to be able to buy t shirt for Nationals lifters. Todd Butler offered to sponsor shirts through his company, which is an incredible offer.
5. It was brought up to plan quarterly “training days” this will help grow the camaraderie within the sport, as we have had a huge increase in numbers. This will also give a chance to help new lifters with any questions they may have about meet day, lifting techniques, programs, etc. The executive is in talks developing workshops for both novice lifters, and a more advanced workshop for people going to Nationals
6. The new CPU Card membership being now online was brought up. Mike Armstrong was asked to answer some of the questions brought up. The expiry date is listed on the card. There is an online record of cards purchased that a meet director can look up. It would be up to the Refs at weigh ins to make sure the cards are current. Once the card has been purchased, you can print it off right off the site. It was brought up about the possibility of a possible discount to members who renew their cards before the expiry date, but this would be a discussion for the CPU to discuss. Right now, you need a credit card to purchase a membership. There is a way for people who don’t have a credit card to get one. They would have to go through their Provincial president, and pay them. Then it would be passed on. The form still must be mailed in, so that the CPU collects their portion of the card fee.

**Adjourn**

Rory Windrum moves that we adjourn the meeting. Rhaea Stinn seconds

Meeting adjourned at 9:45pm