

Annual General Meeting Agenda

Friday, September 30, 2016 7:30 pm

Location: Synergy Strength

Roll Call

Attendance:

Ryan Stinn, Rhaea Stinn, Ryan Fowler, Lucas Tetreault, Aaron Ziffle, Tyler Harnett, Julie Harnett, Melania, Melanie Ziffle, Kent Brown, Chris Arnold, Gauge, Marc Morris, Amy Morris, Erik, Jeff Bilyk, Carolyn Tran, Shara, Gen Grant, Evan, Jeff, Elaina, Mary-Ann, Charlene, Heidi Fowler, Tanner LePage, Teresa

Agenda

Adoption of the Agenda (Julie Harnett, Aaron Ziffle - Carried)

Adoption of 2015 Minutes (Tyler Harnett, Melanie Ziffle - Carried)

Elections

SPA Social Media Position – must pass during old business prior to election happening

Nominations:

-Rhaea Stinn (Ryan Stinn, Mel Ziffle) - **Elected**

-Russ Agnew (Tanner LePage, Gen Grant)

Reports

a) President – Ryan Fowler

b) Vice-President – Chris Arnold

c) Treasurer – Marnel Spencer

d) Technical – Ryan Stinn

-ACTION: Suggestion by Lucas Tetreault to amend the constitution to include competency standards for provincial referees

e) Records – Kent Brown

f) Registration – Heidi Fowler

-ACTION: Expense with 'Associate Member' outweighs benefits of having these members. Suggestion by Heidi to increase cost vs eliminate position.

(Marc Morris, Tanner LePage - Carried)

Old Business

a) Saskatchewan Special Olympics –Update Provided. Will continue to work with Sk Special Olympics

b) SPA Social Media Position (Tyler Harnett, Marc Morris - Carried)

Budget

- a) 2016-2017 Proposed Budget (Marc Morris, Lucas Tetreault - Carried)
- b) Audit (Gene Grant, Lucas Tetreault - Carried)
 - According to the Non-profit Incorporation laws, we have to have an audit done on our books every year. However, because we have less than \$20,000 go through our books every year, we can vote on waiving the audit.
 - Proposed: The Saskatchewan Powerlifting Association Corp. will not conduct an audit or review of its books for the 2016-2017 budget year.

New Business

Proposed Changes to the SPA Constitution:

- a) **Article IV.3** (Ryan Stinn, Kent Brown - Carried)

Current Wording:

3. The SPA forbids sexual harassment, whether it is of a verbal or physical nature to any individual. (Harassment Policy is in the works)

Proposed Wording: 3. The SPA forbids sexual harassment, whether it is of a verbal or physical nature to any individual. Refer to the Policy on Discrimination and Harassment for more information.

Reason: We have a Policy on Discrimination and Harassment posted on our website

- b) **Article V.3** (Melanie Ziffle, Heidi Fowler - Carried)

Current wording:

3. All members of the executive council must be current Regular Members of the SPA/CPU with a current year CPU card, purchased prior to February 1st of the current year. Failure to purchase prior to February 1st will result in forfeit of the executive position.

Proposed wording: All members of the executive council must be currently Regular members of the SPA/CPU with a current CPU card. Failure to have a valid card will result in forfeit of the executive position.

Reason: With the online registration system, memberships renew whatever date they were purchased so February is not relevant.

- c) **Article XIV – Annual General Meeting (AGM)** (Melaie Ziffle, Lucas Tetreault - Carried)

Proposed Addition:

4. A Regular Member of the SPA may put forth a change to the bylaws of the Association for discussion at the AGM. Submissions must be received by the Secretary six weeks

prior to the AGM. A full agenda will be made available to all members of the SPA three weeks prior to the AGM.

Reason:

This gives permission for members to submit a bylaw change as well as makes the agenda public in advance of the AGM rather than at the AGM as has been past practice.

d) Article XV.4.b.2 (Rhea Stinn, Heidi Fowler-Carried)

Current wording:

2. A person is suspended by the IPF, CPU or SPA for a positive doping sample at an IPF, CPU, or SPA sanctioned competitive powerlifting meet, or an out of meet (OMT) test, or for refusal to submit to a test. .

Proposed wording:

2. A person is suspended by a WADA or CCES affiliated sport governing body.

Reason: there are many reasons an individual can be suspended by WADA/CCES, and this new wording encompasses failures from other sport bodies as well.

e) Article XV – Membership (Ryan Stinn, Tyler Harnett – Carried)

Current Wording:

5. A) Teams or clubs are required to register with the SPA as an official team or club. To register, teams or clubs must provide the Registration Chair with the Club Registration Form. Additionally, the Club Registration Form must be accompanied by a \$20 registration fee.

Proposed Wording:

Change:

5. A) Teams or clubs are required to register with the SPA as an official team or club **in January of each year**. To register, teams or clubs must provide the Registration Chair with the Club Registration Form. Additionally, the Club Registration Form must be accompanied by a **yearly** \$20 registration fee.

Reason:

Clubs need to register on a yearly basis not just once.

f) Article XV.6 (Amy Morris, Gen Grant – Carried)

Current wording:

B) For Article XV, 4 B) 2, the competitor will be automatically suspended from competition for a period in accordance with CPU national penalties.

Proposed wording:

B) For Article XV, 4 B) 2, the competitor will be suspended from competition based on the Canadian Anti-Doping Program (CADP) and/or World Anti-Doping Agency

(WADA) rules.

Reason: The CPU has adopted the CADP and is following their rules.

g) Article XV.7.B (Ryan Stinn, Chris Arnolds – Carried)

Current wording:

B) For Article XV, 4 B) 2, the president of the sanctioning organization shall inform the president of the SPA who in turn will inform the competitor by registered mail. Only the SPA executive will have the power to lift such a suspension after a thorough investigation. The SPA may not contravene any suspension by the CPU or IPF.

Proposed wording:

B) For Article XV, 4 B) 2, the SPA may not contravene any suspension.

Reason: the SPA may not overturn a drug test suspension and the CPU does all communication for drug test failures.

h) Article X.V.8 (Rhea Stinn, Julie Harnett – Carried)

Current Wording:

Membership: Method of Reinstatement

A) The suspended individual will inform the President of his/her intentions within one month of Official Notification of Suspension. If this fails to occur then the suspension will hold for the duration of the set time. The only exception to this will be ill-health, military duty or a civic duty. All correspondence will take place by registered mail.

B) The executive will convene within 3 months on this issue and give their written answer within one month after this meeting. All correspondence will take place by registered mail.

Proposed Wording:

Membership: Method of Reinstatement: A) For Article XV, 4 B) 1:

a) The suspended individual will inform the President of his/her intentions within one month of Official Notification of Suspension. If this fails to occur then the suspension will hold for the duration of the set time. The only exception to this will be ill-health, military duty or a civic duty. All correspondence will take place by registered mail.

b) The executive will convene within 3 months on this issue and give their written answer within one month after this meeting. All correspondence will take place by registered mail.

c) For Article XV, 4 B) 2: the CPU/CADP will be responsible for notifying the individual of when they are eligible to return to competition.

Reason: For article XV.6 and XV.7 we discuss the duration of suspension and authorization to suspend or remove suspension for XV, 4 B 1 and XV 4 B 2 so we should discuss it under method of reinstatement as well.

i) Article XVI– Competition (Tanner LePage, Kent Brown – Carried)

Add:

C) During any Provincial level competition or lower, should a lifter fail to succeed in either or both of the squat or bench press disciplines, the lifter may continue to compete for the remainder of the contest but will not record a total, placing or be eligible for a provincial record.

Reason:

This clarifies that in Saskatchewan, should a lifter “bomb” at a Provincial level competition or lower, they are guaranteed the opportunity to do all 9 lifts and gain valuable experience on the platform. This takes the decision away from the meet director or the SPA executive and just allows it should a lifter choose to continue.

j) Article XVI 2.C (Amy Morris, Melanie Ziffle – Carried)

Current wording:

C) Meet directors for Provincial Championships or for Western Canadian Championships held within must have prior experience holding contests, or must be “co-director” with an experienced meet director.

Proposed wording:

C) Meet directors for Provincial Championships or for Western Canadian Championships held within **Saskatchewan** must have prior experience holding contests, or must be “co-director” with an experienced meet director.

Reason: wording incomplete. The word Saskatchewan should be added.

k) Article XVI.5.C (Ryan Stinn, Chris Arnold – Carried)

Current wording:

C) At every provincial championship, there will be a team/club competition included in the contest. Teams or clubs are defined in the CPU constitution, Article XV. A yearly award will be developed and presented to the winning team to be kept at their training centre until the next Provincial Championship, at which time the winning team/club will be responsible for returning the award to the Provincial President. A keeper plaque will also be given to the winning team/club to keep at their training centre.

For the purposes of the team/club competition at Provincials, a team will be comprised of the top 3 powerlifter wilks and top 2 bench only wilks combined to give the team score. This is the maximum, but a team can contain less then stated and still compete in the team/club contest.

Proposed wording:

C) At every provincial championship, there will be a team/club competition included in the contest. Teams or clubs are defined in the **SPA** constitution, Article XV. A yearly award will be developed and presented to the winning team to be kept at their training centre until the next Provincial Championship, at which time the winning team/club will

be responsible for returning the award to the Provincial President. A keeper plaque will also be given to the winning team/club to keep at their training centre. For the purposes of the team/club competition at Provincials, a team will be comprised of the top 3 powerlifter wilks and top 2 bench only wilks combined to give the team score. This is the maximum, but a team can contain less than stated and still compete in the team/club contest.

Reason: there is no Article XV in the CPU constitution, so I believe this is referring to the SPA constitution.

l) Proposed change: Article XV (Rhea Stinn, Lucas Tetreault – Carried)

Membership: renumber 5. Teams and Clubs to number 4. and all subsequent items will renumber.

Reason: it seems out of place the way it is currently numbered.

m) Proposed Change: Financial Management Policy (Melanie Ziffle, Aaron Ziffle – Carried)

Add section: Executive Expenses

All expenses incurred in the operation of the SPA by its executive shall be reimbursed by the Association. The following rates shall apply:

Mileage: \$0.20/km for executive meetings

Attendance at CPU AGM:

President: \$400

Vice-President: \$400

Items for Discussion

a) “Club or team” definition and purpose

-Discussion surrounding clear definition of SPA ‘club’

-Provincial clubs are hoping to have new lifter workshops and special guest coaching workshops, and coaching certification. Will be considered by the executive

ACTION: For ‘Best Lifter’ award make distinction between equipped and classic lifters (Lucas Tetreault)

b) Provincial Award Winner Presentations

a. SPA Hall of Fame

i. Athlete

2015 – Jeff Butt

2016 – Mark Nickle

ii. Builder

2015 – Jeff Butt

2016 – Ryan Fowler

Future Championships/Contests

a) Last Chance Invitational



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- a. December 10th (Moose Jaw)
- b) Provincials 2017 Bids
 - Regina
- c) 2017 National Championship
 - a. March 12-18 in Saguenay, QU
- d) Western Canadians
 - Saskatoon (Bid)
- e) Junior/SubJunior World Championship
 - Regina, Saskatchewan (Bid)

Any Other Business

- Qualifications for Lifters Competing at Nationals (Lucus Tetreault)
 - o CPU is evaluation qualifying standards
 - o Reconsider SPA qualifications to reach nationals

Adjourn

(Ryan Stinn, Marc Morris – Carried)