

President's Report

September 4, 2015

It gives me great pleasure to present the President's Report to the membership of the Saskatchewan Powerlifting Association. Once again, I am very excited about the past year in the SPA and the future of powerlifting in Saskatchewan is very bright.

Once again, the SPA had another fantastic year with members. We have surpassed the 170 member mark in 2015, making this our largest membership year ever. Continued growth is expected and hoped for with Saskatchewan playing host to the 2016 National Powerlifting Championship. We hosted 2 new lifter workshops and 1 equipped lifter workshop, all of which were extremely well received and attended. We continue to work to support our lifter base both new and old by offering opportunities for them to develop and grow in the sport.

Saskatchewan was extremely well represented at the 2015 National Championship with our biggest ever team. In past years, the SPA membership was the same size as this year's Nationals team which was an amazing sight. We were also able to secure Provincial team sponsors this year and provided each lifter attending Nationals with a Team Saskatchewan hoodie and t-shirt. Support of powerlifting in the province continues to grow. We also had a number of our lifters compete on the international scene this past year at the various World Championships as well as a large contingent lifting at the North American Championship in Moose Jaw. Congratulations to all lifters on representing Canada and Saskatchewan at the World level! A huge thank you as well to the SPA members who came out to lift, support, volunteer and watch at the North American Championship in Moose Jaw. We look forward to another great competition at home with the 2016 National Championship being held in Moose Jaw.

I would like to see the SPA work on the following over the next year:

- grow our membership to at least 200 active members and retain at least half of the new members this year
- run new lifter workshops in the northern part of the province and in the western part of the province to try and increase memberships in those areas and promote the SPA further
- develop a relationship with a number of gyms around the province to continue to increase our membership
- apply to SaskSport should we meet all criteria required

In closing, I want to thank the membership for allowing me to serve in the capacity as president. I feel we are continuing to promote and grow the sport within the province and I am excited about the direction we are going. I also want to thank all of my lifters and volunteers for helping to run this year's Provincial Championship and I wish everyone a strong and successful upcoming year.

Yours in Lifting,

Ryan Fowler

Saskatchewan Powerlifting Association President