

Saskatchewan Powerlifting Association
Annual General Meeting Minutes– October 28, 2011
Iron Works Gym
Saskatoon, SK

Roll Call – Blaine Mackie, Pam Windrum, Rory Windrum, Aaron Ziffle, Ryan Stinn, Ryan Fowler, Heidi Fowler, Chris Arnold, Marc Morris, Darryl Campbell, Steve Wiseman, Dan Suberlak, Travis Campbell, Jeremy Lundgren, Lucas Tetreault, Rhaea Fowler

Called the meeting to order at 7:10 p.m.

Adoption of Agenda – Aaron moves that we adopt the agenda as presented. Seconder: Steve *Carried*.

Reports – See attached reports for more information

Chris moves that we accept the reports as read. Seconder: Dan. *Carried*.

Old Business

- a) Sask Sport – Ryan Fowler and Ryan Stinn met with reps from Sask Sport over the summer. They were impressed with the meeting as the representatives had good questions. The representatives reiterated the need to be incorporated for two years before we can apply to become an affiliated sport. We will fulfill this requirement in December. Applications can be submitted in March or September so we will look to submit at that time.
 - Two items they said we should work on is that our numbers need to grow and that we need a referees category. Our numbers should be 200 members or have 6 of the 9 sport zones represented with a club of over 15 members. We should also figure out requirements to determine a coach, and have a volunteer category (people that help at a meet, at the gym, etc.)
 - Emerging Sport Category – if a sport is short in a category or two they can be in this category as they work toward fulfilling all the requirements.
 - We are starting to make good connections in our communities and with the government.

Budget

- a) 2011-2012 Budget – the Junior Worlds Committee needed to use the SPA account for the provincial money as it had to go to something that was incorporated. It was an in and out and otherwise the Committee did not use the SPA account.
 - Next year we hope for more members.
 - The equipment cost of \$124 was from calibrating the scale before Provincials last year.
 - The bank balance is around \$4,000.
 - We discussed a “new lifter” incentive that we would waive the meet fees for a brand new CPU member. Provincials are often so late in the year that people only get one meet in with their CPU card.

Darryl moves that we accept the budget as presented. Seconder: Steve W. *Carried*.

- b) Audit – According to the Non-profit Incorporation laws, we have to have an audit done on our books every year. However, because we have less than \$20,000 going through our books each year, we can vote on waiving the audit. Ryan Fowler moves that the Saskatchewan Powerlifting Association Corp. will not conduct an audit of its books for the 2011-2012 budget year. Secunder: Lucas T. *Carried.*

New Business

- a) Article XV

Current Wording

2. Membership Classes

A) Regular SPA / CPU Member. Open to any Saskatchewan resident. Regular members of the SPA are automatically included as members of the Canadian Powerlifting Union. He or she may also be a referee, coach, or official.

B) An Associate Member is a person who would like to support the SPA but does not wish to or is not able to compete in any competitions. He or she may not run for office in the association or lift at any competitions.

C) Special Member is a person from groups such as Blind, or Special Olympians.

D) Honorary Member – As decided on by the SPA Executive, for their service to the organization

Proposed Wording

Add

D) A Provincial Referee is a person who has written and passed the provincial referee exam and is a referee in good standing with the SPA.

Reasoning:

We need to begin to recognize and card who our provincial referees are.

- This way referees would be recognized even if they are not active lifters.
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Proposed wording amendment: **D) A Provincial Referee is a person who has written and passed the provincial referee exam and is a referee in good standing with the SPA and CPU.** Rhaea moves we change the wording.

Secunder: Steve W. *Carried.*

- Ryan Fowler moves that we accept this proposal as amended. Secunder: Aaron Z. *Carried.*

- b) Article XV

Current Wording:

3. Membership Fee's

A) Full Member \$50.00

B) Associate Member \$2.00

C) Special Member \$25.00

D) Honorary Member -no fee

Proposed Wording:

3. Membership Fee's

A) Full Member \$50.00

B) Associate Member	\$2.00
C) Special Member	\$25.00
D) Provincial Referee	\$10.00
E) Honorary Member	-no fee

Reason:

Our referees should pay to be a member so we have a record of who is a current referee. We would also have a membership form for referees to fill in.

Ryan Fowler moves that we change the categories to include referees that are non-lifters to pay \$10.00 to register that they are a referee. Seconder: Aaron Z. *Carried.*

- c) New CPU Members Proposal: Marc M. moves that a first time CPU member will have their membership fee waived for their CPU card. Seconder: Lucas.
Reasoning: The hope is that this will attract new members be able to try a contest without a large expense especially with Provincials so late in the year. The aim would be to attract new lifters that enjoy the sport and would continue to lift in the future. *Carried.*

Items for Discussion

- a) Junior Worlds – Thank you to anyone who helped in any way, watched on the internet, or supported the Championships in any way. We received lots of good feedback and were able to show the World what lifting in Saskatchewan is all about.
- b) Newsletter – We have been publishing a newsletter roughly twice a year. Is this a worthwhile pursuit? Is it valuable to anyone? Maybe it is good for the associate members to stay connected, however most of the active lifters stay in touch through the forums and CPU website. We decided that we should focus on using our SPA website more and maybe send out an email when there is new content on the website. People were encouraged to write something when they have attended a contest. Blaine offered to write some medical articles and Marc offered to do some nutritional information for the website.
- c) Classic Records – CPU has implemented classic records, however the IPF has not. Classic lifting in its own category is still relatively new. We don't have a ton of records right now. We discussed having a distinction on our current records if a lifter competed raw. Most new lifters are likely to be raw and having records that are attainable for them might encourage them to compete. We decided that we will implement raw records beginning with this provincials.
- d) SPA Clothing - we will be changing to a pre-order system so Inner Strength does not have to carry too much stock. The idea is that people can contact Rhaea if they would like to buy stuff and when there is enough to create an order, she will place one. She may send out an email when she is getting some interest to check with everyone if they would like to order something (ie. before Nationals).

Future Championships

- a) Provincials 2012 Bids – Ryan Stinn offered to host in Moose Jaw for 2012.

- b) Last Chance Invitational 2011 – will be held December 31 in Moose Jaw at Unparalleled. An entry form will be available soon.

Lucas expressed interest in hosting a meet in Regina in the future. People are encouraged to host meets when it might suit them and perhaps not at the “traditional” times when we usually have meets. This past year we found that having a meet in the June/July time frame was a nice time between Nationals and Provincials for people to lift as there tends to be a gap there. There is a \$25 sanctioning fee for people wanting to run a contest.

Any Other Business

- a) Blaine Mackie put forward a motion that Luke Mackie (9 years old) be allowed to lift on a one-time basis on October 29, 2011 as a guest lifter. Blaine said he would take all responsibility for Luke lifting and release responsibility from the SPA and meet directors.

Ryan Stinn spoke for the executive as they had been discussing this as Blaine brought it to the executive a couple times in the past weeks. A 9-year-old lifter does not fit into any of the categories as set out by the IPF. It was felt that the SPA Executive could not make a decision to allow a guest lifter when we have no provisions for that in our constitution, without direction from the membership.

It was decided that the meet directors would take care of letting him lift as an exhibition lifter outside of the meet.

- b) A question was brought up about insurance. Would it be possible to have SPA insurance that lifters pay into a fund that would cover all the provincial meets? This is difficult as we have different dates for the meets each year and different locations. Ryan Fowler will speak with our insurance guy about it and find out if it would be possible.

Adjourn

Dan S. moves that we adjourn the meeting.

Meeting adjourned at 8:42 p.m.